

DESCRIPTION

The Minerva 8mm Hegar Dilator is a single-use, disposable cervical dilator. It is used to locate, measure, and dilate the canal. The dilator has a total length of 19 cm, and a diameter of 8 mm.

INTENDED USE

- Locating and dilating the external os, cervical canal and internal os.
- Cervical canal length measurement

CONTRAINDICATIONS FOR USE

The Minerva 8 mm Hegar Dilator should not be used:

- In a patient who is pregnant or suspects pregnancy
- In a patient with pelvic inflammatory disease (PID)
- In a patient with a genital infection
- When uterine anomalies associated with a small uterine cavity or irregular cervical canal (e.g. DES exposure, cervical irregularity) are present
- When clinical conditions and/or anatomical conditions are present with which the use of the dilator is deemed inadvisable by the physician

CARE

Handle each instrument carefully. Do not handle with groups of, or stack, with other instruments. Keep away from heat.

WARNINGS

Read all instructions carefully. Failure to properly follow the instruction, warnings, and precautions may lead to patient injury.

- The Minerva 8mm Hegar Dilator should be used only by trained and qualified physicians.
- As with other devices intended for intrauterine insertion, the potential for uterine perforation and/or trauma always exists.
- Use extreme caution when assessing the uterine depth and axis.
- Never use excessive force to advance the dilator when resistance is met.
- Resistance felt beyond the external os should be treated with extreme caution.
- Use caution during the placement of the Minerva 8mm Hegar Dilator in patients with a severely anteverted, retroflexed, or laterally displaced uterus, to prevent perforation.
- The Minerva 8 mm Hegar Dilator is supplied sterile and standard sterile technique must be followed.
- Do not reuse, reprocess or resterilize.
- Do not use if packaging appears to be damaged, defective, or if the sterilization barrier has been damaged or broken.

INSTRUCTIONS FOR USE

1. Once an estimate of the size and orientation of the uterus has been determined, prepare the cervix for the insertion of a device according to normal protocol for such procedures.
2. Dilate the cervical canal with other dilators to a minimum diameter of 7 mm.
3. Grasp the proximal end of the Minerva 8 mm Hegar Dilator in one hand with a comfortable grip.
4. Position the distal tip of the shaft against the cervical opening and gently probe until the external os is located.
5. Slowly advance the shaft to gradually dilate the endocervical canal. Some resistance may be felt as the distal tip of the shaft encounters the internal cervical os.
6. When the distal tip is in contact with the internal cervical os, the numerical indicators on the dilator can be used to estimate the cervical canal length in centimeters.
7. Maximum dilation should be achieved once the instrument has passed through the entire cervical canal.
8. Withdraw the dilator from the patient and properly dispose.

STORAGE

Store instruments in a dry, moisture-free area.

Minerva 8mm Hegar Dilator

Uterine Dilator

INSTRUCTIONS FOR USE



For technical support or reorder information, contact:

minerva
SURGICAL

4255 Burton Drive
Santa Clara, CA 95054
Phone: (855) 646-7874