

AUB

Abnormal Uterine Bleeding

Treatments for Heavy Periods

CAN'T SLEEP

so exHAUSTED!

relentless
pain

cancelled
plans

Another leak?

MY UTERUS
HATES ME



When it's not just a period

It may be

AUB

Abnormal Uterine Bleeding

The endometrium is a layer of tissue that lines the inside of the uterus. An overgrowth of endometrial tissue can cause heavy periods or Abnormal Uterine Bleeding.



Normal endometrium

Thickened endometrium

Removing endometrial tissue that lines the inside of the uterus may improve or eliminate your period and provide relief from:



**Unpredictable,
long periods**



**Heavy
periods**

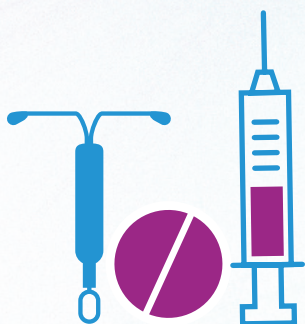


**Cramps
and bloating**

- Soaking pads & tampons quickly
- Passing large clots
- Intimacy problems
- Depression
- Anxiety
- Fatigue

Medical management

IUDs & hormones¹

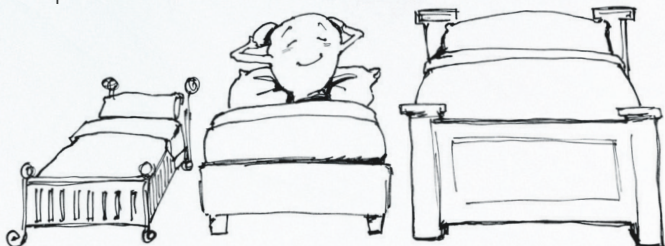


- Hormone-based treatment
- Breakthrough bleeding up to 6 months or longer
- Not a one-time treatment
- Continuous follow-up required
- IUD implant remains in the uterus
- Potential for IUD implant to move or fall out
- Complaints of increased cramping, weight gain, bleeding and mood swings
- Lower chance of zero bleeding when compared to endometrial ablation

Minimally Invasive

Endometrial ablation

Removal of endometrial tissue that lines the inside of the uterus, the source of your heavy periods.



"This feels just right"

Benefits of endometrial ablation

- ✓ May reduce or eliminate heavy periods
- ✓ One-time treatment
- ✓ No incisions
- ✓ No hormones
- ✓ No implants
- ✓ 1-2 day recovery
- ✓ Keep your uterus
- ✓ Options for the unique uterus
- ✓ In-office treatment options

minerva^{ES}
Endometrial Ablation System

Genesys^{HTA}
Endometrial Ablation System

Minerva Surgical offers endometrial ablation treatments with high success and patient satisfaction rates. Talk to your doctor about the right endometrial ablation treatment for you.

Results and patient experience may vary. To learn more, including a full list of indications, contraindications, warnings and precautions visit www.minervasurgical.com/safety/

Major surgery

Hysterectomy



- 6-8 week recovery
- Removal of uterus
- Requires incision
- Early onset of menopause
- Complaints of mood swings and decreased sex drive
- Linked to long term serious health risks

13%

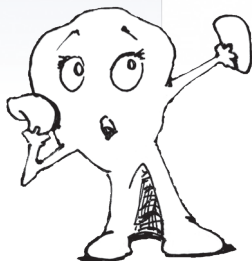
increased high blood pressure²

33%

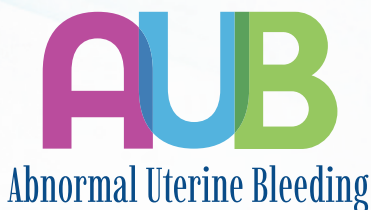
increased risk coronary artery disease²

18%

increased obesity²



Visit the educational patient website
AUBandMe.com for information about
causes and minimally invasive treatments
for Abnormal Uterine Bleeding (AUB).



minerva[®]
The Uterine Health Company

1. Department of Health and Human Services. The Food and Drug Administration. Center for Drug Evaluation and Research. Labeling for Combined Hormonal Contraceptives. Guidance for Industry. Available at: <https://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/UCM590673.pdf>. Accessed June 3, 2022.
2. Laughlin-Tommaso, S. , Khan, Z. , Weaver, A. , Smith, C. , Rocca, W. & Stewart, E. (2018). Cardiovascular and metabolic morbidity after hysterectomy with ovarian conservation: a cohort study. Menopause, 25 (5), 483-492. doi: 10.1097/GME.0000000000001043.

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